

# ***“Adapting to Changes”***



## ***The State of the Agency 2009***



Dear Friends of LCADA:

2009 has been a year of unprecedented challenges. The downturn in the economy has been a two-edged sword. As community and family hardships have led to more individuals seeking our care, funding reductions have impacted our capacity to help.

I am happy to report that the Board and Staff of Lorain County Alcohol and Drug Abuse Services rose to the challenges. We have implemented new programs and worked hard in developing efficiencies that have permitted us to continue serving those seeking our care. In fact, we have provided care to more individuals and families in 2009 than we did in 2008. We know that the challenges are not over; that the economy continues to be a struggle for many, especially for those suffering from the disease of addiction. We are aware that the rate of change is accelerating and it is our commitment that we will meet these challenges with increased efforts, renewed partnerships, proven models of care and innovation.

I want to express my sincere thanks to you, our friends, who have supported us through the years; to LCADA's Board of Directors who have provided outstanding leadership and support; to our partners in these projects and to our loyal and dedicated staff who continue to stretch to insure that the individuals and families we serve receive the best.

Sincerely,

A handwritten signature in black ink, appearing to be 'T. Stuber', written over a horizontal line.

Thomas D. Stuber  
President & Chief Executive Officer



*Cover photo credit: LCADA would like to thank Nina Bradica for the generous contribution of her photograph, "Seasons Change." © Nina Bradica. All rights reserved*

Dear Friends:

The Chinese saying “*May you live in interesting times*” is both a blessing and a curse. These current economic times are indeed, interesting.

Our agency has reacted to unprecedented funding cutbacks by reducing and modifying our programs to meet the available resources. Opportunities to improve efficiency significantly or eliminate waste have been implemented long ago.

This is nothing new to LCADA. We have always “enjoyed” more demand for our services than our capacity permits. So, we have always had to adjust our spending to match our resources. But this also meant having to make the “lifeboat decision” as to who can receive treatment and who must wait.

The entire staff at LCADA understands this reality. They have seen their hardworking, professional co-workers lose their jobs and have, themselves, had to work in an environment of reduced job security and higher stress. Yet if you talk to them, you’ll find that they are equally concerned for their clients and for the clients that they are unable to see.

The decision as to who gets treatment and who does not is a “lifeboat decision” that is stressful enough under normal circumstances. But when the lifeboat is shrinking, the stress is incredibly higher. On behalf of the Board of Directors, I want to salute and commend our staff for the remarkable job they are able to do and for bearing these stressors so professionally.

Those, I guess, are the curses of these “interesting” times. But, there are some blessings.

Although LCADA discontinued its Men’s Residential program, it found an innovative work-around. Through an agreement with non-profit Timothy House, they provide the temporary living accommodations and food service, while the men are transported to our facilities for Intensive Outpatient Treatment. Early outcome measurements are very encouraging. The “blessing” in this new delivery model is that the number of men we can serve will not be limited by our physical housing limitations.

As times go on, more “blessings” will become obvious. Until then I want to thank all of our friends for the blessings and the prayers they have bestowed upon our agency.

May we all come to appreciate the blessings of these interesting times.



Mark Skellenger  
Chairman, LCADA Board of Directors

愿你生活在有趣的代

*“May You Live in Interesting Times”*

## *LCADA 2009 Annual Dinner Honorees*



*From left to right—Dr. Donald Sheldon, on behalf of the EMH Healthcare System; Maureen Murman, former LCADA Board Member; Attorney Patrick Perotti, Dworken & Bernstein Co., L.P.A; Marilu Mabini and Dr. Ted Mabini, on behalf of Macaria Mabini—founder of LCADA. They were honored for their extraordinary contributions to LCADA’s mission.*

## *LCADA Spreads its Services by Coalition Bundling...*

**COMMUNITIES THAT CARE**

**YOUTH & LEADERSHIP SERVICES**

**COMMUNITY SERVICE**

# THE CHRONICLE

T E L E G R A M

### **Generous generation**

More than \$5,000 was donated last week by North Ridgeville students to worthy causes.

At the Jan. 12 North Ridgeville Board of Education meeting, Lorain County Alcohol & Drug Abuse Services Inc. (LCADA) was given \$4,323.98 raised by students at Liberty and Wilcox Elementary Schools and North Ridgeville Middle School during Red Ribbon Week, which promotes the importance of a drug-free lifestyle.



# Having Fun at the 2009 Annual Dinner



*Dr. Nick Ksenich, LCADA Board Member, encourages the guests to upgrade their support to LCADA's mission*



*Judge Debra Boros browses items for the Silent Auction before casting her support*



*Mark Skellenger, LCADA's Chairman of the Board (left) and Tess Gardner, LCADA's Development Director, (right) strike a pose...*



*Judge Gary Bennett (left) and his wife Marjorie (right)*



*State Representative Matt Lundy (left), exchanges view points with former Senator Jeff Armbruster*



*Judge Mark Betleski (left), questions Mayor G. David Gillock (right) and his wife, Beverly (center) why he was seated with all the "R's"*



*Sue Stuber (left), volunteer extraordinaire, welcomes a great LCADA supporter Helen Woodward (right)*



*LCADA Board Member, Howard Marusa (left) and his wife Sandy (right) entice a good friend to help with next year's Annual Dinner*

# *Service Descriptions*

## ***24-Hour Helpline***

LCADA provides a 24-hour a day, 7-day a week crisis helpline staffed by an alcohol and drug treatment professional. This helpline provides information regarding treatment options, healthcare, social service, and other governmental agencies that can provide assistance to an individual or family in crisis. These professionals are available to listen and talk through a crisis, anytime of the day or night.

## ***Assessment Services***

LCADA provides assessment and screening services. Methods used include DSM-IV diagnostic criteria and Clinical Instrument for Withdrawal Assessment (CIWA) for withdrawal potential. LCADA also uses Clinical Protocols for Levels of Care developed by ODADAS.

## ***Community Education Outreach and Prevention Services***

LCADA provides a variety of outreach, education and prevention services for Lorain County residents. The goal of these programs is to teach individuals how to make the decision not to use alcohol, tobacco, and other drugs, to help young people delay their first use of alcohol and to eliminate high-risk behavior associated with drugs and alcohol. These programs include six ODADAS categories: Problem Identification and Referral, Information Dissemination, Community Based Services, Prevention Alternatives, Educational Services, and Environmental Services.

## ***The Strengthening Families Program***

For Parents and Youth 10-14 (SFP 10-14) is a parent, youth, and family skills-building curriculum designed to:

- prevent teen substance abuse and other behavior problems
- strengthen parenting skills
- build family strengths

## ***Atlas and Athena***

Award winning model programs targeting Jr. and Sr. High School athletes. Both programs promote healthy nutrition, effective exercise training, and abstinence from alcohol and drugs.

## ***Adolescent Services***

LCADA provides a supportive and caring environment for teens with three types of treatment: Intensive Outpatient Programming, In-Home Family Counseling, Low Intensity Programming and Aftercare. Each of these programs utilizes the research based models of care. Other services offered include individual and group services, education and relapse triggers, and prevention.

## ***ACRA (Adolescent Community Reinforcement Approach)***

Is a comprehensive behavioral program for treating substance abuse problems. It is based on the belief that environmental contingencies can play a powerful role in encouraging or discouraging drinking or drug use. Consequently it utilizes social, recreational, familial, and vocational reinforcers to assist consumers in the recover process.

## ***Drug Free Workplace Program***

LCADA provides consultation and training to Lorain County businesses. We tailor training to the individual company and comply with guidelines provided by the Ohio Bureau of Worker's Compensation. The training is designed to educate management to deal with issues in a way that assists both employee and employer.

## ***DOT-SAP (Department of Transportation/Substance Abuse Professional)***

LCADA plays a critical role in maintaining public safety by facilitating access to a Substance Abuse Professional that is proficient in performing DWI/DUI, Department of Transportation (DOT) and Non-DOT evaluations.

# *Service Descriptions*

## ***Family Drug Court Program***

LCADA provides treatment services through collaboration between the Women's Program and the Family Drug Court Program. Treatment services include Intensive Outpatient Program and Aftercare Sessions. Participants are often involved with Lorain County Children's Services and are working towards reunification with their children, maintaining sobriety and working a recovery program for their dependency.

## ***In-Home Family Counseling***

This service can be provided for clients who are engaged in treatment. In-Home counseling enables the clinician to provide outside resources for family needs, track client's abstinence and encourage 12 step programs for client and family.

## ***Services for Women – The KEY***

The KEY provides a supportive and caring atmosphere for women and their children. The KEY supports recovery from chemical dependency 24 hours a day. Services include: Assessment, Individual and Group Counseling, Crisis Intervention Services, and Education on Alcohol and Drug Addiction, and Recovery. Each client's treatment is individually tailored to her needs. Inpatient care can last a minimum of 90 days and up to 6 months depending on the individual and her family's need. Intensive Outpatient Treatment for women is also available.

## ***Pregnant/Postpartum***

Special programming is available for pregnant/postpartum women. The purpose is to allow the underserved, disenfranchised targeted population access to quality substance abuse treatment. This project has specific goals that will produce meaningful and measurable outcomes.

## ***Therapeutic Childcare and Children's Treatment***

This program is designed to assess a child's developmental functioning, identify any developmental deficits, and address those deficits in a way that brings the child to age appropriate developmental levels. Services are modeled after Ages in Stages and are provided by a childcare specialist. Children receive treatment services while their mother is in treatment.

## ***Men's Outpatient Services***

LCADA provides Intensive Outpatient Treatment (IOP) designed to facilitate the client's development of skills and tools that leads to sobriety and functioning in everyday life. This includes working with a client to meet and accept their illness and recovery and to commit to utilizing sober support systems effectively. Services include Family Education, Family Treatment, and Family Counseling and Low Intensity Outpatient Treatment. Our vocational counselor also assists our clients with placements in education, job training, and employment opportunities.

## ***Family Intervention Services***

LCADA assists families concerned with a loved one's alcohol or drug usage. Services include education on the intervention process, a self-assessment analysis and an individual meeting with a certified counselor to determine the best course of action for the family.

## *Contact Us*

<b>Service</b>	<b>Phone</b>	<b>Location</b>
<b>24-Hour Helpline</b>	(440) 282-4777 (440) 323-0860	1882 East 32 <sup>nd</sup> St. Lorain, OH 44055
<b>Assessment Services</b>	(440) 282-4777  (440) 323-0860	2115 West Park Dr. Lorain, OH 44053  374 Broad St. Elyria, OH 44035
<b>Community Education Outreach &amp; Prevention Services</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053
<b>Adolescent Services</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053
<b>Drug Free Workplace Program</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053
<b>DOT/SAP (Department of Transportation/Substance Abuse Professional)</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053
<b>Family Drug Court Program</b>	(440) 282-4777 (440) 323-0860	1882 East 32 <sup>nd</sup> St. Lorain, OH 44055
<b>Services for Women: The KEY</b>	(440) 282-4777	1882 East 32 <sup>nd</sup> St. Lorain, OH 44055
<b>Therapeutic Childcare &amp; Children's Treatment</b>	(440) 282-4777	1882 East 32 <sup>nd</sup> St. Lorain, OH 44055
<b>Men's Outpatient Services</b>	(440) 323-0860 (440) 282-4777	374 Broad St. Elyria, OH 44035
<b>Aftercare &amp; Continuing Care Services</b>	(440) 323-0860 (440) 282-4777	374 Broad St. Elyria, OH 44035
<b>Family Intervention Services</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053
<b>Strengthening Families Program</b>	(440) 282-4777	2115 West Park Dr. Lorain, OH 44053

# *The Board of Directors*

- Provide governance and assistance in carrying out the mission of LCADA
- Work with the President/CEO to set the course for LCADA
- Lead to engage people who can help raise the profile of LCADA

***We thank and salute them for their many contributions to Lorain County Alcohol and Drug Abuse Services, Inc.***

## ***Our Mission***

*Chair*

**Mark Skellenger**

*Chair-elect*

**David M. Graves, Esq.**

**Susan Anderson, Esq.**

**Chad Bowerman**

**Richard J. Fox**

**Kerri Johnson**

**Nicholas Ksenich, M.D.**

**James Maiorana**

**Jack Matia**

**Howard Marusa**

**Daniel J. Munro**

**James H. Schrantz**

**William Watkins**

*Advisory Board*

**Ellen M. Basinski**

**Timothy A. Carrion**

**Kevin C. Gilfether**

**Jeffrey Schmittgen**

*President/CEO*

**Thomas D. Stuber**

As a non-profit organization, Lorain County Alcohol and Drug Abuse Services, Inc.'s mission is to reduce the pervasive and adverse impact of alcoholism and drug abuse through treatment, education and prevention services. LCADA develops, provides and promotes these services in Lorain County, regardless of the ability to pay.

## ***Our Vision***

Our vision is to develop Lorain County Alcohol and Drug Abuse Services, Inc. as a Center of Clinical Excellence for education, prevention and treatment of substance abuse and addiction.

## ***Our Values***

Lorain County Alcohol and Drug Abuse Services, Inc. believes that alcohol and drug addiction is a primary, progressive, chronic, fatal and treatable disease. It is a disease that impacts not only the individual, but the entire family and community as well. We believe that the illness, although not curable, can be arrested through treatment and abstinence.

We are committed to provide our clients with respect, informed care, easy access, and assistance through the process.

Every person who comes in contact with LCADA, whether by phone or in person, will leave that contact believing that we understand who they are and what they want. We are committed that every interaction is an opportunity to take personal responsibility to meet the customer's needs and wants.

*It is with heartfelt gratitude that we acknowledge and thank our contributors:*

**Businesses**

Accentuate Within  
 ADAS Board of Lorain County  
 Akron Symphony Orchestra  
 Allstate Foundation  
 AM Real Estate Group, LLC  
 American Tank & Fabricating Co.  
 Apple American  
 Armbruster Energy Stores  
 BASF The Chemical Company  
 Batelle  
 Beckett Air Corporation  
 Big Brothers/Big Sisters of Lorain County  
 Birds of a Feather Yarn Shop  
 Bluestar Metal Recycling Co.  
 Bonfoey Company  
 Bonaminio's Lorain Flower Shop  
 Boston Hills Country Club  
 Boston Mills/Brandywine Ski Resort  
 Bowerman Insurance Company  
 Brunswick Hills Golf Club  
 Buckeye Community Bank  
 Caribou Coffee  
 Carousel Dinner Theatre  
 Century Tel  
 CFNA and Bridgestone/Firestone Trust Fund  
 Children's Services of Lorain County  
 Cleveland Christmas Connection  
 Cleveland Clinic (Chestnut Commons)  
 Cleveland International Film Festival  
 Cleveland Metroparks Zoo  
 The Cleveland Browns  
 The Cleveland Cavaliers  
 The Cleveland Film Society  
 The Cleveland Indians  
 The Cleveland Playhouse  
 The Cleveland Public Theatre  
 The Cleveland Orchestra  
 Coach House Theatre

Community Health Partners  
 Cuyahoga Valley Scenic Railroad  
 Creekwood Golf Course  
 DAGCO, Inc.  
 David Scott Salon & Spa  
 Datacore Consulting  
 Deer Track Golf Club  
 DeLuca's Place in the Park, Ltd.  
 Dragon Ranch Golf Club  
 Dworkin & Bernstein, Co., L.P.A.  
 Eagle Creek Golf Club  
 Elyria City School District  
 Engelhard Corporation  
 El Centro De Servicios Sociales  
 EMH Regional Healthcare System  
 Evergreen Environmental Corp.  
 F. E. Yuzon, M.D., Inc.  
 First Merit Bank  
 Fligner Enterprises  
 Forthofer Alarm Systems  
 General Plug Manufacturing Co.  
 GMA Consultants, Inc.  
 Goodtimes-Center of Family Fun  
 Goodtime III  
 Goodtime Island Cruises  
 Goodtime Lakes Cruises  
 Gortz & Associates  
 Gross Bros. Plumbing & Heating  
 Great Lakes Theater  
 Great Wolf Lodge  
 Hageman Family Foundation  
 Hallmark  
 Hematology Oncology Center, Inc.  
 Hickory Nut Golf Course  
 Holy Trinity Church  
 Home Depot  
 Hovey Kaiser Insurance Assoc.  
 Invacare Corporation

Improvisation  
 Jack Matia Chevrolet, Inc  
 Jack Matia Honda  
 Joey & ME  
 Holden Arboretum  
 K.E. McCartney & Associates, Inc.  
 Kalahari  
 Kidney Center of Northeast Ohio  
 Kiedrowski's Bakery  
 KSU School of Theatre & Dance  
 Patrick Judge Inc.  
 Lake Erie Crushers  
 Lake Erie Island Cruises  
 Lakeland Healthcare Corporation  
 Lakewood Printing & Advertising  
 Landerhaven  
 Leadership Lorain County  
 Lorain City Schools  
 Lorain County Urban League  
 Lorain National Bank  
 Love & Laughter Card & Gift Shop  
 Malley's Chocolates  
 Martino's International Cafe  
 Melba Manufacturing  
 Melka Foundation  
 Miller Boat Line  
 Miller, Stillman, & Bartel, LLC  
 National City Bank  
 Nautica Queen  
 The New Civic  
 Northern Ohio Recovery Assoc.  
 Northfield Park Harness  
 Nipa Hut Food Mart  
 The Nord Center  
 Nord Family Foundation  
 Oberlin Inn  
 Ohio Clinic Skin Care  
 Ohio Dance Theatre

On the Wall Art and Framing  
 Pat Catan's  
 Pettiti Gardens  
 Pheasant Run Inn  
 Porthouse Theatre  
 Puffer's Flower Shoppe  
 Puskas Family Flowers  
 Ridge Tool Company  
 Rock & Roll Hall of Fame  
 Rule 62 Fundraising  
 R.W. Beckett Corporation  
 Sawmill Creek Golf Club  
 Schaffer Partners Employees  
 Starbucks  
 Star Builders, Inc.  
 Stocker Foundation  
 Swings and Things  
 The Morning Journal  
 TGI Fridays  
 Things Remembered  
 Third Federal Savings & Loan  
 Thistle-down Racecourse  
 Thomas James Associates  
 Tri-City Family Medicine  
 Trolley Tours of Cleveland  
 United Steelworkers of Amer.  
 United Way of Lorain County  
 USW Local 1104  
 Vectron  
 The Vermilion Family YMCA  
 Village Insurance Agency  
 Weathervane Playhouse  
 Welcome Bed & Breakfast  
 Western Res. Office Supply  
 Westlawn Optical, Inc.  
 Westshore Primary Care  
 White Hse Artesian Springs

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Mr. & Mrs. Oscar Abrigo  
 Ed & Jeanette Aftura  
 Mel Aker  
 Bert Anderson  
 Jim & Susan Anderson  
 Michael Archer  
 Sen. & Mrs. Jeffrey Armbruster  
 Michelle Arredondo  
 Dr. Cheryl Atkinson  
 Paul Balcom  
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 Colleen Bennett  
 Judge & Mrs. Mark Betleski  
 Judge Darryl Bilancini  
 Chris Blankenship  
 Mrs. Marie Bonaminio  
 Michael Booth  
 Chad Bowerman  
 Judge Debra Boros  
 Laura Bozell  
 James Brannigan  
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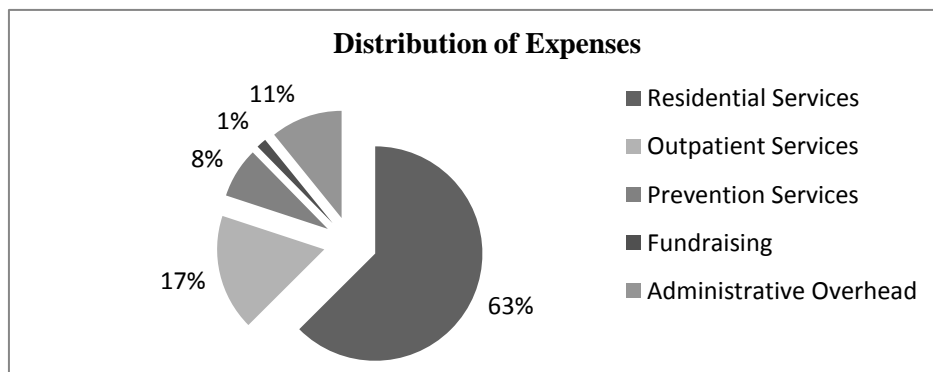
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 Ray Santiago  
 James Schrantz  
 Dr. & Mrs. Norman Sese  
 Joan Kleinhenz Shackleton  
 The Mark Skellenger Family  
 Mr. & Mrs. Thomas Smith  
 Mr. Joe Soukenik, Sr.  
 Mr. & Mrs. Phil Stammitti  
 Mr. & Mrs. Thomas D. Stuber  
 Gail Stumphauzer  
 Mr. & Mrs. Ben Sweeeney  
 Dr. & Mrs. Frank F. Szollosy  
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 Ms. Maureen White  
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 Mr. Fred Wright  
 Chris Yessayan  
 Ray Young  
 Dr. & Mrs. Florencio Yuzon  
 Dr. and Mrs. Gary Zoldesy

**LORAIN COUNTY ALCOHOL AND DRUG ABUSE SERVICES, INC**  
**CONSOLIDATED STATEMENT OF ACTIVITIES**  
**YEAR ENDED JUNE 30, 2009**

	LCADA 2009	
	Unrestricted	Temporarily Restricted
	Total	
<b>SUPPORT AND REVENUE</b>		
Funding from governmental agencies		
Government grants	\$2,342,121	\$2,342,121
Medicaid	470,117	470,117
	2,812,238	2,812,238
Public support		
United Way	48,010	48,010
Contributions	341,614	341,614
In-Kind contributions	73,270	73,270
Net assets released from restrictions		
	462,894	462,894
Other revenue		
Patient fees	212,876	212,876
Interest and dividends	3,794	3,794
Miscellaneous	187,522	187,522
	404,192	404,192
<b>Total support and revenue</b>	<b>3,679,324</b>	<b>3,679,324</b>
<b>EXPENSES</b>		
Program services		
Residential	2,124,935	2,124,935
Outpatient services	595,308	595,308
Prevention	258,415	258,415
	2,978,658	2,978,658
Supporting services		
Fundraising	51,267	51,267
Administrative	368,210	368,210
	419,477	419,477
<b>Total Expenses</b>	<b>3,398,135</b>	<b>3,398,135</b>
<b>CHANGE IN NET ASSETS</b>	281,189	281,189
<b>NET ASSETS - BEGINNING OF YEAR</b>	3,917,174	3,917,174
<b>NET ASSETS - END OF YEAR</b>	<b>\$4,198,363</b>	<b>\$4,198,363</b>



Lorain County Alcohol & Drug Abuse Services, Inc.  
2115 West Park Drive  
Lorain, Ohio 44053

NON-PROFIT ORG.  
U.S. POSTAGE

**PAID**

LORAIN, OH  
PERMIT NO. 27



*Special Thanks*

*Save the Date 2010*

Substance Abuse & Mental Health Services Administration (SAMHSA)

Ohio Department of Alcohol & Drug Addiction Services (ODADAS)

Alcohol & Drug Addiction Services Board of Lorain County (ADAS)

The Nord Family Foundation

The Community Foundation of Lorain County

The Stocker Foundation

United Way of Greater Lorain County

Northeast Ohio Areawide Coordinating Agency (NOACA)

The Metka Foundation

The Ridgecliff Foundation

Lake Erie Addictions Foundation

**LCADA**

***Annual  
Recognition  
Dinner***

Thursday  
November 4, 2010



Lorain County Alcohol & Drug Abuse Services, Inc.  
2115 West Park Drive Lorain, Ohio 44053 • 440.282.4777 • [www.lcada.com](http://www.lcada.com)